

### 2023 HEMISPHERECTOMY FOUNDATION AUSTRALIA CONFERENCE 19-20 MAY 2023

#### ADINA APARTMENT HOTEL, DARLING HARBOUR SYDNEY

Dear families,


We are very excited to open registrations for the Hemispherectomy Foundation Australia family conference 2023. This conference has been a long-time coming due to multiple Covid-related reschedules.







This information has been prepared to help make the attendance of your family at our conference as easy as possible. We know that travelling and wrangling children (hemi and others) can be a challenge!






We encourage families to register early as registrations are limited.

All conference enquiries can be made to our Foundation executive team:

- Kathy Payne 0429 670994
- Kylie Hockley 0417 326599
- Carolyn Pinto 0403 431360

<p><b>Accommodation</b></p> 	<p>There is a wide range of accommodation options in Darling Harbour and Darling Square. Walking between hotels and the Adina is easy as the whole area is a pedestrian precinct.</p> <p>If you choose to stay at the Adina Apartment hotel, please go online and use the following code to secure the conference rate TH15152911. If the Adina doesn't suit, we suggest the following hotels, many of which have family rooms:</p> <p><b><u>Vibe Hotel Darling Harbour</u></b>  <b><u>Novotel Darling Harbour</u></b>  <b><u>Ibis Darling Harbour</u></b>  <b><u>Park Royal Darling Harbour</u></b>  <b><u>Hotel Kith</u></b></p> <p>The full range of accommodation options can be found here:</p> <p><b><u><a href="https://www.darlingharbour.com/stay">https://www.darlingharbour.com/stay</a></u></b></p>
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<p><b>Food</b></p> 	<p>During the conference morning tea, lunch and afternoon tea will be provided at no cost to families.</p> <p>We will also host a free conference dinner on Friday 19 May 2023 (drinks at own expense).</p> <p>Please see the breakfast and conference dinner sections for more information.</p>
<p><b>Getting to your accommodation from Sydney airport</b></p> 	<p>Sydney Airport is located 13 minutes by train from the city with trains running approximately every 10 minutes. The station is located at the northern end of the terminal and accessible from the Arrivals level. You can purchase an Opal card or just tap on with a credit card.</p> <p>The train from the airport to Town Hall station is \$18 per adult/\$15 child. The walk from Town Hall station to Darling Harbour is 10-15 minutes.</p> <p>Depending how many are in your family, a taxi or uber may be the cheaper option. They will take about 20 minutes and cost <b>\$50-60 (taxi)</b> or <b>\$40-50 (uber)</b>.</p>
<p><b>Registration and welcome</b></p> 	<p>Conference registration and a meet and greet (with finger food) will be held in the Spinnaker room at the Adina Darling Harbour Hotel from <b>6.00-8.30pm Thursday 18 May 2023</b>.</p> <p>Even if you are not staying in the Adina Hotel please come along, register and meet the other hemi families.</p>
<p><b>Getting from your accommodation to the conference</b></p> 	<p>If you are staying at the Adina Apartment Hotel the conference rooms are located on the ground floor.</p> <p>If you are staying elsewhere in Darling Harbour, the best option is to walk. It's a short, safe, pedestrian-friendly walk from anywhere in Darling Harbour or Darling Square.</p>
<p><b>Parking</b></p> 	<p>If you are driving to your accommodation, please check with the hotel or apartment complex what parking options are available.</p> <p>There are a few parking garages in and around Darling Harbour.</p>
<p><b>Breakfast options</b></p> 	<p>Most hotels will provide breakfast at extra cost, however if you are staying in an apartment or if you would like the HFA to provide your family with breakfast, we will be organising a light breakfast for collection downstairs at the Adina Hotel from 8.00am Friday and Saturday.</p> <p><b>Please indicate on the registration form if you would like us to cater breakfast for your family.</b></p>

<p><b>Hemi T-shirts</b></p> 	<p>Our hemi T-shirts are the biz! We would love our hemi heroes and their siblings (support crew) to wear them on Day One for the conference photo.</p> <p><b>Please indicate on the registration form the t-shirt sizes required which will be available for collection at the conference registration.</b></p>
<p><b>Arriving at the conference</b></p> 	<p><b>The kid's club is held in the Spinnaker Room of the Adina Apartment Hotel.</b> The kids club will be open from 10am Friday (after our introductions session) and 9.15am Saturday. Carers are all volunteers with Working with Children Checks and we will have a high carer to child ratio.</p> <p>During the conference there will be some activities around Darling Harbour for older children, but please let us know if you would prefer your child/children to stay onsite. Note that Darling Harbour is a pedestrian-only precinct.</p> <p>All meals are provided so there is no need to bring food or drinks.</p> <p><b>A Kids Club program and further information will be provided closer to the date of the conference.</b></p>
<p><b>Conference sessions</b></p> 	<p><b>Conference sessions will be held in the Mariner rooms, ground floor of the Adina Apartment.</b></p> <p>Our provisional conference program is available on the Hemispherectomy Foundation Australia website</p> <p><u><a href="https://hemispherectomyaustralia.org.au/hemispherectomy-foundation-australia-conference-2023/">https://hemispherectomyaustralia.org.au/hemispherectomy-foundation-australia-conference-2023/</a></u></p>
<p><b>Conference dinner</b></p> 	<p>Our free conference dinner will be held at Fratelli Fresh, a family-friendly venue in Darling Harbour from <b>6.00pm on Friday 19 May 2023</b> (drinks at own expense).</p>
<p><b>HFA Annual General Meeting</b></p> 	<p>The HFA Annual General Meeting will be held at 2pm on Saturday 20 2022. All executive positions will be declared vacant, and we are really encouraging other hemi parents/carers/relatives to consider taking on a role. The Kathy/Carolyn/Kylie team have been doing it for a while now and know that others will have lots of new ideas and energy to offer.</p>